

Line & Wrinkle Relaxing Treatment

Patient Information

What is Line & Wrinkle Relaxing treatment?

Using a purified protein called Botulinum Toxin Type A, our medical team can quickly and effectively reduce facial expression lines (also known as dynamic lines) and wrinkles. Botulinum Toxin Type A (also known as Botox™, Azzalure™, Dysport™ and Bocouture) is a prescription-only medication that works to deliver wrinkle relaxing treatments. By law these medications can only be prescribed by a qualified Nurse Independent Prescriber or Doctor. Once injected, Botulinum Toxin Type A relaxes the specific facial muscles that cause unwanted lines on the face. Line and wrinkle relaxing treatment can effectively target problem areas such as deep creases between the brows (frown lines), crow's feet and horizontal forehead lines.

How does the toxin work?

Botulinum Toxin Type A works as a wrinkle relaxing treatment by blocking impulses to the tiny facial muscles so that they do not contract as efficiently. This anti-wrinkle treatment in turn causes a reduction in the appearance of unwanted lines and wrinkles. Injected muscles temporarily 'hibernate'; the effect of the wrinkle relaxing treatment wears off gradually over time and the muscle itself is not damaged.

Is the procedure right for me?

A detailed, obligation-free consultation with your medical practitioner is essential prior to undergoing any advanced aesthetic procedure. During the consultation, your aesthetic doctor or nurse will discuss your area/s of concern, desired improvements, options available (including no treatment at all) and expected outcomes. Your practitioner will examine you and may take some photographs for your medical records. They will ask you to sign a consent form for treatment, which allows toxin to be prescribed, and the procedure to be carried out.

How is the procedure carried out?

Should line and wrinkle relaxing treatment be agreed upon as the most suitable treatment, the procedure will be carried out by your medical practitioner in one of our clinical treatment rooms. Using an extremely fine needle, a number of injections are made into very specific muscle groups of the face. These injections are virtually painless; therefore, they require no anaesthetic. Once the injection sites have been mapped, the procedure itself is usually completed in minutes. You will be offered a review appointment 2-3 weeks after your initial treatment to discuss the results with your

practitioner once the toxin has taken effect. If further adjustment is required at this stage, the 'tweak' will be included in the initial treatment price.

Downtime, Risks and Complications

There is no downtime as such, indeed it is possible to have this treatment in a lunch break and return straight back to work. The toxin usually takes up to 2 weeks to reach optimum effect, so results appear gradually. All aesthetic procedures are associated with some degree of risk. Your medical practitioner will explain these in detail during initial consultation, enabling you to reach an informed decision on whether you wish to proceed. The risk of side effects is minimal, however as with any injectable treatment some patients may experience mild localised bruising, redness, tenderness or swelling at the injection site. Thorough cleansing of the skin prior to treatment and careful placement of each of the injections helps us to ensure these risks are as minimal as possible. Some patients may also experience a headache immediately after treatment.

Results

Once the Botulinum Toxin has taken full effect, creases, fine lines and wrinkles at the treatment site will appear reduced, resulting in a smoother, more rested complexion. Depending on the muscles treated, brows may also be lifted. The effects of the treatment tend to develop gradually, with the optimum result reached after approximately 14 days. Results generally last approximately 12-16 weeks and clinical studies have shown that treatment benefits are cumulative and increase over time.

Cost

Prices for line and wrinkle relaxing treatment varies according to the number of 'areas' being treated. After consultation and prior to treatment, you will be given a price for the procedure, so that you can make an informed decision on whether you wish to proceed.

Alternative treatments

Alternative forms of non-surgical line and wrinkle management include radio frequency, micro current (CACI) and medical-microneedling. Risks and potential complications are associated with alternative forms of treatment.

If you experience any problems or have concerns following your procedure, please do not hesitate to call our direct patient line for assistance on 07908 891059.

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Patient Pre & Post-Procedure Care Guide

Pre-Procedure Preparations

Prior to undergoing the procedure, you are asked to tell your medical practitioner:

- If you are suffering from any illness or taking any medication
- Of any problems you have had in the past with injections in general
- If you have any inflammation in the muscles or skin at the planned treatment site
- If you are pregnant or breast feeding

Avoid taking aspirin or anti-inflammatories prior to treatment as these will increase the risk of bruising

Post-Procedure Instructions

Following the procedure, patients are advised to:

0-2 hours after treatment

- Refrain from touching the treatment area

0-12 hours after treatment

- Refrain from wearing make-up

0-24 hours after treatment

- Refrain from rubbing or massaging the treatment area; cleanse gently as required
- Avoid saunas, steam rooms or any other source of excessive heat, which could increase the risk of the toxin spreading to an unwanted area
- Avoid vigorous exercise
- Avoid consuming alcohol

0-7 days after treatment

- Avoid facials, including electrical facials

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