

# SKINVIVE™

## Patient Information

### Background

SKINVIVE™ by Juvéderm® is an advanced skin booster treatment designed to improve skin smoothness, hydration and natural radiance. Unlike traditional treatments, SKINVIVE™ works within the skin to enhance quality rather than add volume or change facial contours. This injectable skin hydration treatment uses microdroplets of hyaluronic acid to deeply hydrate the skin, refine texture and soften fine lines. After just one treatment, patients often notice smoother, more radiant skin that looks refreshed and healthy. If you are searching for SKINVIVE™, this treatment offers a subtle, natural-looking way to achieve glowing skin with minimal downtime. SKINVIVE™ is ideal for improving overall skin quality and addressing early signs of ageing. It can help with:

- Dehydrated Or Dull Skin
- Uneven Skin Texture
- Fine Lines and Crepey Skin
- Loss Of Glow Or Radiance
- Tired-Looking Skin

### What is SKINVIVE?

SKINVIVE™ by Juvéderm® is a next-generation injectable skin booster that improves skin quality by increasing hydration within the skin. It is specifically designed for patients who want healthier-looking skin without adding volume. Using stabilised hyaluronic acid, SKINVIVE™ attracts and retains moisture, improving skin smoothness and luminosity from within. This makes it an ideal skin hydration treatment for patients seeking natural rejuvenation. Clinical studies show high satisfaction rates, with most patients reporting smoother, more radiant skin after treatment and long-lasting hydration improvements.

### How Does SKINVIVE Work?

SKINVIVE™ works by delivering microdroplets of hyaluronic acid beneath the surface of the skin. These injections increase hydration levels, improving skin smoothness, elasticity and radiance. Unlike dermal fillers, which add volume, SKINVIVE™ is a targeted skin hydration treatment that integrates into the skin to improve texture and quality. Results develop gradually, with visible improvements in skin smoothness and glow typically seen within a few weeks.

### Is The Treatment Right for Me?

SKINVIVE™ is ideal if you are looking for a non-surgical skin rejuvenation treatment in York that improves skin quality rather than facial volume. It is particularly suitable if your skin feels dehydrated, looks dull or lacks radiance. SKINVIVE™ can also be combined with other aesthetic treatments, such as anti-wrinkle injections or dermal fillers, as part of a personalised treatment plan. A consultation will determine if SKINVIVE™ is the best skin booster treatment for your skin type and goals.

### Is The Treatment Right for Me?

It is not uncommon to experience mild or moderate skin reactions at the injection site following initial, repeat or touch up SKINVIVE™ treatments. These skin reactions may occur within hours or days following your treatment and can include:

- Redness
- Swelling
- Itching
- Pain After Injection
- Tenderness When Touched
- Firmness
- Lumps/Bumps
- Bruising
- Discoloration

The reactions listed are not likely to last longer than a week. In the unlikely event that, inflammatory reactions persist for more than one week, or if any other side effects develop, speak with your doctor as soon as possible.

### Is There Any Downtime After SKINVIVE Treatment?

SKINVIVE™ involves minimal downtime. Mild redness, swelling or bruising can occur but usually settles within a few days. Most patients return to normal activities within 24 hours.

### What Are the Expected Results?

Choosing SKINVIVE™ offers a range of benefits for patients looking for natural skin rejuvenation:

- Deep Skin Hydration
- Improved Skin Smoothness and Texture
- Enhanced Glow and Radiance
- Softening Of Fine Lines
- Natural, Subtle Results
- Minimal Downtime

Many patients notice visible improvements after one session, with results lasting several months. Results typically last up to 6–9 months, with many patients noticing smoother, more hydrated skin after just one treatment. Maintenance treatments may be recommended to maintain results. Many patients notice improvements in skin smoothness and radiance within a few weeks, with continued improvement as hydration levels increase.

### Cost

SKINVIVE™ treatments are offered as a one-off treatment for £600, however, multiple sessions may be required to achieve the desired results.

If you experience any problems, concerns, or display any symptoms such as increased pain, fever, signs of infection or pronounced bleeding following treatment, please call our direct patient line immediately for assistance on 07908 891059.

# SKINVIVE™

## Patient Pre & Post-Treatment Care Guide

### Pre-Treatment Preparations

Prior to treatment, patients are advised of the following:

Prior to undergoing the procedure, you are asked to tell your medical practitioner:

- If you are suffering from any illness or taking any medication
- Of any problems you have had in the past with injections in general
- If you have any inflammation in the muscles or skin at the planned treatment site
- If you are pregnant or breast feeding

Avoid taking aspirin or anti-inflammatories prior to treatment as these will increase the risk of bruising

### Post-Treatment Instructions

Following treatment, patients are advised to:

Following the procedure, patients are advised to:

#### *0-2 hours after treatment*

- Refrain from touching the treatment area

#### *0-12 hours after treatment*

- Refrain from wearing make-up

#### *0-24 hours after treatment*

- Refrain from rubbing or massaging the treatment area; cleanse gently as required
- Avoid saunas, steam rooms or any other source of excessive heat, which could increase the risk of product spreading to an unwanted area
- Avoid vigorous exercise
- Avoid consuming alcohol

#### *0-7 days after treatment*

- Avoid facials, including electrical facials

#### *0-14 days after treatment*

- Avoid microneedling, peels, or laser treatments

### What to Do:

- Make sure to use sunblock daily
- Apply cold compress to minimise bruising
- Increase water intake after treatment
- Expect minimal downtime

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